

Unseen Threats: How Mycotoxins Pose a Silent Danger to Our Animals

Krishna Kumar Sharma¹, Abhishek Joshi², Khushboo Panwar³ ¹Veterinary officer Bhilwadi, Jhalawar, Rajasthan ²Teaching Associate LRS Bikaner RAJUVAS ³Ph.D. Scholar Division of Veterinary Microbiology, ICAR- Indian Veterinary Research Institute, Bareilly, U.P. https://doi.org/10.5281/zenodo.8175545

Introduction

While the idea of unseen dangers lurking in the shadows may sound like something out of a thriller movie, the truth is that such threats are more common than we think. One such invisible adversary that has been causing significant health issues for animals is mycotoxins. These hidden toxins are produced by certain fungi and can have devastating effects on the well-being of our beloved pets and livestock. In this article, we'll explore what mycotoxins are, how they affect animals, and what steps we can take to protect our furry friends from this silent menace.

Understanding Mycotoxins

Mycotoxins are toxic compounds produced by various species of fungi, particularly mold. These fungi tend to grow on crops, grains, and forage, especially under warm and humid conditions. Common mycotoxins include aflatoxins, ochratoxins, fumonisins, deoxynivalenol (DON), and zearalenone. They are highly stable, which means they can resist heat, cold, and processing, making them a persistent threat to animals even after the feed or food has been prepared.

The Impact on Animals

Mycotoxins have a wide range of adverse effects on animals, depending on the type of mycotoxin, the level of exposure, and the species of the animal. Common health issues include-Digestive Disturbances: Mycotoxins can lead to gastrointestinal problems such as vomiting, diarrhea, and reduced feed intake.

Immune Suppression: Animals exposed to mycotoxins may experience weakened immune systems, making them more susceptible to infections and diseases. 1562



Reproductive Problems: Certain mycotoxins, like zearalenone, can interfere with reproduction in animals, leading to fertility issues and abnormal pregnancies.

Neurological Disorders: Some mycotoxins, such as fumonisins, can cause neurological symptoms like tremors, convulsions, and incoordination.

Liver and Kidney Damage: Aflatoxins and ochratoxins, in particular, can harm the liver and kidneys, impacting the overall health of the animal.

Vulnerable Species:

All animals can be affected by mycotoxins, but some species are more susceptible than others. For instance:

Pets: Dogs, cats, and other companion animals are at risk when exposed to contaminated pet food or mouldy environments.

Livestock: Poultry, pigs, cattle, and other farm animals can be significantly impacted by mycotoxins, leading to reduced productivity and increased veterinary costs.

Prevention and Mitigation

Preventing mycotoxin: related illnesses in animals requires a multi-faceted approach:

Quality Feed and Food Storage: Proper storage of animal feed and food is crucial to prevent mold growth and mycotoxin contamination. Keep feed in a cool, dry place, and regularly inspect it for any signs of mold.

Regular Testing: Farms and feed manufacturers should conduct regular mycotoxin testing on their products to ensure they meet safety standards.

Dietary Binders: Adding mycotoxin binders to animal feed can help reduce the absorption of mycotoxins in the digestive system, limiting their negative effects.

Prompt Veterinary Care: If an animal shows any signs of mycotoxin-related illness, seek veterinary attention immediately. Early detection and treatment can make a significant difference in the animal's recovery.

Conclusion

Mycotoxins may be unseen, but their impact on animals is very real. By understanding the dangers of these hidden toxins and taking appropriate preventive measures, we can protect our beloved pets and valuable livestock from falling prey to the silent menace of mycotoxins. As responsible animal guardians and farmers, it is our duty to remain vigilant and safeguard our animals' health, ensuring they lead happy and healthy lives.



Reference

- Osweiler, G. D., & Pier, A. C. (2019). Mycotoxicoses. In *Handbook of Zoonoses, Second Edition, Section A* (pp. 505-520). CRC Press.
- Schiefer, H. B. (1990). Mycotoxicoses of domestic animals and their diagnosis. *Canadian journal of physiology and pharmacology*, 68(7), 987-990.
- Sydenham, E. W., Marasas, W. F., Shephard, G. S., Thiel, P. G., & Hirooka, E. Y. (1992). Fumonisin concentrations in Brazilian feeds associated with field outbreaks of confirmed and suspected animal mycotoxicoses. *Journal of Agricultural and Food Chemistry*, 40(6), 994-997.
- Zain, M. E. (2011). Impact of mycotoxins on humans and animals. *Journal of Saudi chemical* society, 15(2), 129-144.
- Zaki, M. M., El-Midany, S. A., Shaheen, H. M., & Rizzi, L. (2012). Mycotoxins in animals: Occurrence, effects, prevention and management. *J. Toxicol. Environ. Health Sci*, 4(1), 13-28.

