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Popular Article

## Embryo Transfer Technology (ETT): A valuable technique to accelerate genetic improvement in cattle

Rohit Barwar<sup>1\*</sup>, Ayushi Singh<sup>1</sup>, Ashok Chaudhary<sup>1</sup>

<sup>1</sup> PhD Scholar, Animal Genetics Division, ICAR-IVRI, Izatnagar, Bareilly (UP)-243122  
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### Abstract

Embryo Transfer Technology (ETT) has emerged as a trans-formative tool in cattle breeding, offering the potential to accelerate genetic progress, enhance reproductive efficiency, and address various challenges in livestock management. The advantages of ETT include the rapid dissemination of superior genetics, enabling the multiplication of elite females and facilitating global genetic exchange. It plays a crucial role in preserving endangered breeds and serves as a bio-security measure by reducing the risk of disease transmission. ETT also provides a solution for valuable females facing reproductive challenges, utilizing younger and healthier recipients as surrogates. However, the implementation of ETT comes with challenges, including initial costs, the need for specialized technical expertise, and potential ethical considerations. The labor-intensive nature of the process and the risk of transferring low-quality embryos are also important factors to consider. Attention to genetic diversity is crucial to prevent unintended consequences in population dynamics. Still an ETT stands as a valuable and powerful tool in the hands of cattle breeders, contributing to the economic efficiency of livestock operations and supporting the sustainable development of breeding programs.

### Introduction

Embryo transfer technology (ETT) in cattle is a reproductive technique that allows for the efficient production of offspring from genetically superior females. The commercial bovine embryo transfer industry arose in the early 1970s in North America. It involves the collection, evaluation, and transfer of embryos from a donor female to one or more recipient females. This technology has been widely used in cattle breeding to accelerate genetic improvement, increase the reproductive potential of superior females, and disseminate valuable genetics more rapidly. The global significance of ETT becomes apparent in its role as a facilitator of genetic exchange. With the ability to transport frozen embryos across borders, breeders can access and incorporate superior genetics from diverse locations, enhancing the overall genetic diversity of cattle populations. This has profound implications for the development of robust and adaptable herds capable of meeting the evolving challenges faced by the livestock industry.



## History of ETT

**1950s:** Early embryo transfer experiments conducted by researchers like Dr. John S. Foote and Dr. Ian Wilmut.

**Early 1960s:** First successful embryo transfers in cattle reported by Dr. Walter Heape and Dr. Gordon Niswender.

**1970s:** Commercial interest grows, and embryo transfer technology becomes more refined.

**1980s:** Increased global adoption, focus on non-surgical embryo recovery, and use of hormonal treatments for superovulation.

**1990s:** Introduction of ultrasound for monitoring, improved cryopreservation, and synchronization protocols.

**2000s:** Genomic advances enhance genetic selection; embryo transfer becomes vital for disseminating superior genetics.

**Present:** Ongoing innovation focuses on improving superovulation, embryo quality, and cost-effectiveness in cattle breeding programs.

## Steps of ETT in cattle

1. **Donor Selection:** Donor cows are selected based on desirable genetic traits such as high milk production, superior growth characteristics, disease resistance, and other economically important traits. Donors should also have a history of regular estrous cycles and good reproductive health.
2. **Superovulation:** To maximize the number of embryos produced, the donor cow is subjected to hormonal treatments to induce superovulation. This involves the administration of follicle-stimulating hormone (FSH) to stimulate the development of multiple ovarian follicles. The goal is to synchronize the maturation of several ova (eggs) within the ovaries.
3. **Estrus Synchronization:** Donor and recipient cows are synchronized in their estrous cycles to facilitate the proper timing of embryo collection and transfer.
4. **Artificial Insemination (AI):** Donor cows are bred through artificial insemination using carefully selected semen from superior sires to ensure the desired genetic traits. Timed AI is often used to precisely control the timing of insemination.
5. **Embryo Collection:** Around seven days after insemination, embryos are collected from the donor cow using a nonsurgical or surgical technique. Nonsurgical methods involve flushing the uterus with a special solution to recover embryos, while surgical methods involve the removal of the entire reproductive tract to extract embryos.



6. Embryo Evaluation: The collected embryos are evaluated for quality and developmental stage. Only viable and healthy embryos are selected for transfer.
7. Recipient Synchronization: Recipient cows are also synchronized to ensure that their reproductive status aligns with the optimal timing for embryo transfer.
8. Embryo Transfer: The selected embryos are transferred into the uteri of recipient cows. This can be done trans-cervically using a catheter or surgically via laparoscopy.
9. Pregnancy Monitoring: Pregnancy is monitored in recipient cows, and successful pregnancies result in the birth of calves carrying the genetic traits of the donor.

### **Application**

1. Genetic Improvement: ET allows for the rapid dissemination of superior genetics by producing multiple offspring from genetically elite females. This accelerates genetic progress in traits such as milk production, growth rate, disease resistance, and other economically important characteristics.
2. Multiplication of Superior Females: ET enables the production of multiple offspring from a single superior donor female. This is particularly valuable when a female exhibits exceptional traits, and her genetic material can be distributed to different herds through the transfer of embryos.
3. Preservation of Endangered or Rare Breeds: Embryo transfer technology is utilized to preserve and propagate rare or endangered cattle breeds. By collecting and transferring embryos, the genetic diversity of these breeds can be maintained and expanded.
4. International Genetic Exchange: ET facilitates the global exchange of genetic material. Superior genetics from one country can be transported in the form of frozen embryos, allowing breeders in different regions to benefit from the best available genetic traits.
5. Surrogacy for Valuable Females: In cases where a valuable female is unable to carry a pregnancy to term due to health issues or age, embryos can be transferred to younger and healthier recipient females, serving as surrogates to carry the pregnancy to completion.
6. Accelerated Breeding Programs: Traditional breeding methods require more time to propagate desirable genetic traits through natural reproduction. ET expedites the process by allowing breeders to produce a larger number of offspring in a shorter time frame, accelerating the implementation of breeding programs.



7. Disease Control: ET can be used as a biosecurity measure to control the spread of diseases. By transferring embryos rather than live animals, there is a reduced risk of transmitting infectious diseases between herds.
8. Enhanced Reproductive Management: ET offers greater control over the reproductive management of cattle herds. Breeders can time inseminations, embryo collections, and transfers more precisely, optimizing the use of resources and increasing the efficiency of breeding programs.
9. Economic Efficiency: While the initial costs of implementing embryo transfer technology can be significant, the long-term economic benefits often outweigh these costs. Improved genetic traits, increased productivity, and faster herd development contribute to the overall economic efficiency of cattle operations.

### **Advantages**

- a. ETT allows for the rapid dissemination of superior genetics, accelerating genetic progress in desirable traits such as milk production, growth rate, and disease resistance.
- b. It enables the production of multiple offspring from a single elite female.
- c. ETT allows for the production of more offspring in a shorter time frame compared to natural reproduction, leading to increased reproductive efficiency.
- d. ETT facilitates the global exchange of genetic material, enabling breeders in different regions or countries to benefit from the best available genetics.
- e. ETT can be used to preserve and propagate rare or endangered cattle breeds, helping to maintain genetic diversity and prevent the loss of valuable traits.
- f. It provides a solution for valuable females that may have difficulty carrying a pregnancy to term due to health issues or age, by using younger and healthier recipient females as surrogates.
- g. ETT can serve as a biosecurity measure by reducing the risk of disease transmission since embryos, rather than live animals, are being transferred.
- h. Breeders have greater control over the timing of inseminations, embryo collections, and transfers, contributing to more efficient and effective breeding programs.

### **Disadvantages**

- I. Implementing ETT requires specialized skills and facilities, which can be expensive to set up and maintain. The initial costs may pose a barrier for smaller-scale operations.



- II. Despite efforts to select high-quality embryos, there is a risk of collecting and transferring low-quality embryos, which may result in lower reproductive success rates.
- III. ETT involves several steps, including superovulation, synchronization, embryo collection, and transfer, making it a labor-intensive process that requires careful management.
- IV. Using recipient females as surrogates may result in a reduced maternal bond between the calf and the surrogate dam, compared to natural reproduction.
- V. Some individuals and organizations may raise ethical concerns related to the manipulation of reproductive processes, particularly when it involves advanced technologies like ETT.
- VI. The success of ETT can be influenced by the compatibility between the donor and recipient, and not all recipient females may successfully carry and deliver transferred embryos.
- VII. In some cases, widespread use of ETT without careful consideration of genetic diversity may lead to a reduction in overall genetic diversity within a population.

## **Conclusion**

Embryo Transfer Technology (ETT) in cattle represents a powerful tool for advancing genetic improvement, accelerating reproductive efficiency, and addressing various challenges in livestock breeding. The advantages of ETT include the rapid dissemination of superior genetics, multiplication of elite females, global genetic exchange, and the preservation of endangered breeds. Additionally, ETT offers increased control over reproductive management and serves as a biosecurity measure by reducing the risk of disease spread. However, ETT comes with its set of challenges and disadvantages. Implementation costs, the need for specialized technical expertise, the labor-intensive nature of the process, and potential ethical concerns are important considerations. There is also the risk of collecting and transferring low-quality embryos, and careful attention must be given to genetic diversity to avoid unintended consequences. Despite these challenges, the overall impact of ETT on cattle breeding has been significant, contributing to the economic efficiency of livestock operations and supporting the sustainable development of breeding programs. As technology and knowledge continue to advance, ongoing research and improvements in ETT protocols may further enhance its effectiveness and address some of the current limitations. Ultimately, ETT remains a valuable tool in the hands of cattle breeders seeking to optimize genetic traits and meet the growing demands of the livestock industry.

